

Feel free to make copies for other coaches.

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**NEMFCA** or pay online:

<http://nemfca.org/clinicreg.html>

Sign up for: Price

Member \$30

Non Member \$35

At the Door \$35

Total: \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
School

\_\_\_\_\_  
Phone

**Please Return before March 10<sup>th</sup>.**

**You are responsible for making your own room reservations. Ask for NEMFCA block of rooms. Limited number of blocked rooms available.**

**SUPER 8 MOTEL**  
**308-995-2793**  
**420 BROADWAY ST.**  
**HOLDREGE, NE 68949**

**ATTENTION: LOCATION FOR 2017.**  
**SUPER 8 MOTEL Holdrege, NE**

**Alma High School**  
**Attn: Isaac Frecks**  
**PO Box 170**  
**Alma, NE 68920**

**Phone: 308 928-2131**

**Fax: 308 928-2763**

**E-mail: isaac.frecks@almacardinals.org**



**Bill O'Boyle** - University of South Dakota, Run Game Coordinator and Offensive Line Coach

Please join us and take advantage of this big clinic opportunity! Whether you are a young coach looking for ideas, an 11-Man coach making the transition, or a veteran coach looking for a different spin on things, the 2017 NEMFCA Clinic has something for everyone! Don't miss this great opportunity to improve yourself, your players, and your program!

**A special thanks to**  
**Nebraska Orthopaedic and**  
**Sports Medicine for their**  
**support of the NEMFCA Clinic.**

**Super 8 Motel**  
**HOLDREGE, NEBRASKA**  
**308-995-2793**

**2017 EIGHT-MAN**  
**FOOTBALL CLINIC**  
**SPONSORED BY THE**  
**NEMFCA AND**



**March 17<sup>th</sup> & 18<sup>th</sup>**

**Directions to Super 8 Motel in Holdrege. From Interstate 80 take Exit 257 Elm Creek/Holdrege Exit. Turn South on Highway 183. Travel 15 miles to Holdrege. Continue South to 183/6 & 34 Intersection. Turn West on 6 & 34. Continue West approximately 3 blocks. You will see a Casey's on the north side of the street. Super 8 Motel is located across the street West of the Casey's.**

**Cost of Clinic**  
**Pre-registration**  
**Members: \$30**  
**Non-members: \$35**  
**At the Door:**  
**Everyone: \$35**

# **Eight-Man Football Clinic at Holdrege, Nebraska**

## **March 17<sup>th</sup> and 18<sup>th</sup> 2017**

### **Friday Evening, March 17<sup>th</sup>, 2017**

| <b>Time</b> | <b>Event</b> | <b>Topic</b> |
|-------------|--------------|--------------|
|-------------|--------------|--------------|

|        |              |  |
|--------|--------------|--|
| 6-6:30 | Registration |  |
|--------|--------------|--|

|      |   |  |
|------|---|--|
| 6:30 | Bill O'Boyle – <i>O-Line Technique and the Attitude That Goes With It</i> | University of South Dakota, Vermillion |
|------|---|--|

|      |   |   |
|------|---|---|
| 7:30 | Randy Geier/Joseph Frecks – <i>Longevity and Success in your Football Program</i> | Wauneta-Palisade High School, Wauneta, NE |
|------|---|---|

|      |  |                                |
|------|--|--------------------------------|
| 8:30 | Chris Michel – <i>Pistol Option Football</i> | Sedgwick County, Julesburg, CO |
|------|--|--------------------------------|

|      |   |                            |
|------|---|----------------------------|
| 9:30 | Glen Snodgrass – <i>Transition from 8-man to 11-man and back, what has worked</i> | York High School, York, NE |
|------|---|----------------------------|

|       |  |  |
|-------|--|--|
| 10:40 | Coaches Social-Sponsored by <b>Riddell</b><br><b>Special Thanks to Riddell for making the Coaches Social possible.</b> |  |
|-------|--|--|

### **Saturday Morning, March 18<sup>th</sup>, 2017**

| <b>Time</b> | <b>Event</b> | <b>Topic</b> |
|-------------|--------------|--------------|
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|      |  |                              |
|------|--|------------------------------|
| 9:00 | Steve Heimes– <i>Angles in the Trap/Zone Read Game: Reads, Schemes, and Routes</i> | Wynot High School, Wynot, NE |
|------|--|------------------------------|

|       |  |                                  |
|-------|--|----------------------------------|
| 10:00 | Jeff Ashby – <i>Offense, Defense, and how to motivate today's athletes</i> | Giltner High School, Giltner, NE |
|-------|--|----------------------------------|

|       |  |  |
|-------|--|--|
| 11:00 | Carl Ostrand – <i>Power Philosophy and Keys to a Multiple Offensive Attack</i> | Nebraska Christian High School, Central City, NE |
|-------|--|--|

### **Bill O'Boyle – University of South Dakota**

Coach O'Boyle started his coaching career at Chadron State College in the late 1980's. From 1990-1994 he was the Western Illinois O-Line coach and Strength Coach. In 1994 he returned to Chadron State College and was an assistant and head coach until 2011. He was named the Region 5 coach of the year twice. He has also spent time at Colorado Mesa and Southern Illinois. 2016 was his first year at USD.

### **Randy Geier/Joseph Frecks – Wauneta/Palisade High School**

Coach Geier has been in coaching for 35 years and Coach Frecks has 7 years in the field. Together they won the 2012 6-man State Championship. Coach Geier has coached 6, 8, and 11-man in Nebraska. Randy has coached the 8-man All-Star game and both coached in the Western Nebraska All-Star game. Randy has been married to his wife Kathy for 34 years, they have 3 grown children and 3 grandchildren while Joseph and his wife, Amy have 2 sons and are expecting another in April.

### **Chris Michel – Sedgwick County High School**

Chris just finished his 7th year of coaching. He has led his teams to 3 playoff appearances and 2 State Championships. Chris says that his career highlight is his team's back-to-back state championships. Coach Michel and his wife, Jaden have recently been blessed with the birth of their 1st child.

### **Glen Snodgrass – York High School**

Glen has been coaching for 19 years with the last six of those at York. During his coaching career, he has led his teams to 15 state playoff appearances and 4 state finals, winning the D1 State Championship in 2006. Glen and his wife, Allison have two sons.

### **Steve Heimes – Wynot High School**

Coach Heimes is a South Dakota State grad with 12 years of coaching experience. Steve has led the blue devils to seven playoff appearances while reaching the state semifinals twice and quarterfinals once. He and his wife, Julie have a one year old son.

### **Jeff Ashby – Giltner High School**

Coach Ashby has coached for 27 years with the past 10 of those being at Giltner. Jeff has led his teams to 20 playoff appearances with a 2009 State Runner Up and the 2012 State Championship. He has also been both an assistant and head coach of the Sertoma 8-Man All-Star game. Coach Ashby and his wife, Jenifer have three children.

### **Carl Ostrand – Nebraska Christian High School**

Coach Ostrand just finished his 25<sup>th</sup> year in coaching with the last ten of those being at Nebraska Christian. One of Carl's highlights is leading his program from 1-7 season in 2007 to District Champions in 2011. Carl and his wife, Tonya have four daughters.

**NEMFCA would like to recognize  
Nebraska Orthopaedic and Riddell  
for their financial support with the  
clinic. These financial sponsors  
make the meal and the social  
possible.**